



- **Rehabilitation Day Program (RDP)**—an intense, coordinated outpatient program.
- Traditional Outpatient (OP)—Physical, Occupational and/or Speech Therapy 1-3 times per week.

  Rehabilitation Psychology available.

The average age was **63.1** years old.

Age	# Served	
0-18	9	
19-34	4	
35-64	69	
65+	95	

# **AMOUNT OF THERAPY**

Treatment plans are designed to meet individual needs and insurance coverage. The following illustrates the average number of visits received last year:

	RDP	ОР
Physical Therapy	12.7	15
Occupational Therapy	13.2	15
Speech Therapy	12.2	15.5

#### AMOUNT OF THERAPY (CONT.)

As appropriate, people with stroke also received recreational therapy, social work services, rehabilitation nursing, rehabilitation psychology and/or nutrition services as part of RDP.

#### LENGTH OF PROGRAM

Individuals with stroke attended RDP for an average of **16.7** days.

# **EXPECTED OUTCOMES**

While individual results vary, last year most individuals with stroke were functioning independently with an assistive device or needing extra time to complete tasks (modified independence level) at time of discharge.

# PATIENT SATISFACTION

- **96.6%** of people in RDP/OP with stroke rated their overall experience as "excellent."
- **96.6%** said they would "definitely" recommend Madonna TherapyPlus to family and friends.



#### STROKE REHABILITATION PROGRAM

**OUTPATIENT / REHABILITATION DAY PROGRAM - OMAHA CAMPUS** 

# UNPLANNED TRANSFERS TO ACUTE CARE

Last year 4 individuals with stroke were unexpectedly admitted back to an acute care hospital while receiving outpatient services.

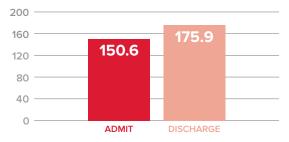
#### LIFE AFTER REHABILITATION

Individuals in RDP are encouraged to participate in activities that promote community re-entry and resumption of life roles, including:

- Independent Living Skills Training
- Adaptive Sports & Recreation
- Transitions Group (community living, advocacy, adjustment)
- Work Re-Entry

### INDEPENDENCE LEVEL

Patients with stroke in Madonna's Rehabilitation Day Program made progress toward independence as measured by the Functional Assessment Measure (FAM). Activities including transfers, dressing, community access and locomotion are rated on a 1-7 scale and totaled.



Total Change-Admission to Discharge

#### **ACCREDITATION**

Madonna Rehabilitation Hospitals are accredited by CARF, the Commission on Accreditation of Rehabilitation Facilities, as an Outpatient Medical Rehabilitation Program and Stroke Specialty Program.